



New Zealand Pilot Medicals

What you need to do before your appointment at Remuera Doctors Ltd

CAA charges an application fee of **NZD \$120.75** (inclusive of GST) each time a pilot completes a medical exam. This charge is intended to cover "all Civil Aviation Authority medical certification processing costs." It is necessary to pay this fee directly to CAA in advance of any medical examination. You will need to bring the receipt with you to your appointment please. The fee can be paid online through the CAA website:

<https://sec.caa.govt.nz/onlinepayment>

Audiogram

If this is your *first* medical examination (or it has been more than 5 years since the expiry of your last medical certificate) and you are applying for:

- A Class 1 certificate, or
- A Class 2 certificate with an Instrument Flight Rating (IFR) endorsement, or
- A Class 3 certificate,

You are required to have an audiogram. Audiograms are also routinely required at certain times when renewing your medical certificate.

We have preferred providers for the audiogram. Please phone one of the following providers for an appointment:

- Acoustix Hearing, 347 Remuera Road, Remuera, Tel: (09) 520 5648
- Bloom Hearing, 122 Remuera Road, Remuera, Tel: (09) 520 0533
- Dilworth Hearing, 125 Remuera Road, Remuera, Tel: (09) 520 1274

You will need to say that you are requiring a hearing test for a NZ Pilot Medical Certificate application. The audiologist will perform your hearing test to the correct Civil Aviation Standard and give you the report on the correct CAA form to bring with you to your appointment with us. You need to take photo identification with you. Please check the cost with the provider concerned. Allow between 40 minutes to 1 hour for your appointment. These clinics are open Monday – Friday, business hours only.

Eye Examination

An eye examination is required for all Class 1 and Class 3 applicants on their first application (or if it has been more than 5 years since the expiry of your last medical certificate). Please click on the [following link](#) to access a list of CAA approved opticians. Alternatively, you can also book with an eye specialist (i.e. an ophthalmologist); two Auckland-based providers we recommend are:

- The Eye Doctors, Ascot Hospital, 90 Green Lane East, Remuera, Tel: (09) 520 9689
- Dr Andrea Vincent, Retina Specialists, 20 Titoki Street, Parnell, Tel: (09) 307 2020

We have no preference on the provider you book with; however the eye specialists are generally more expensive than opticians – please check the exact cost when booking your appointment.

Take photo identification with you. The optician or eye specialist will give you the report on the correct CAA form to bring with you to your appointment with us. Allow 40 minutes or so. These clinics are open Monday-Friday business hours only. Please take contact lenses and glasses and/or spare glasses with you if applicable.

Blood Test

All classes of pilots require a non-fasting blood test for cholesterol and sugar on their first application. You will need a lab referral form from us to take with you before going to the lab of your choice. We can email or post the request form to you, or fax to the lab that you are going to (please advise us of the fax number if this is the case). There is a charge for the blood test (Labtests in Auckland currently charge \$85.00, but other labs may differ) and results take 24 – 36 hours to come through to us via our link with the lab.

When you arrive at Remuera Doctors for your appointment

You will complete and sign an application form. You will pass some urine which will be tested for sugar and protein in our rooms. You will then go through with one of our nurses who will do all preliminary testing – ECG (Electrocardiograph which measures your heart rate and rhythm at rest), Spirometry (measures your lungs ability to breathe in and out), Weight, Height, Body Mass Index, Blood Pressure, Pulse and Peak Flow Rate. She will guide you through this process after which you will be seen and examined by our Grade One Examiner, Dr Anton Wiles. Dr Wiles will talk with you and decide whether further information or further tests are required or if all is in order your certificate will be issued to you on the day. Please allow 45 - 60 minutes to complete your application and do the preliminary tests and a further 15 minutes with Dr Wiles.

Costs (as of 1st Oct 2020)

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|---------------------|--------------------------------------------------------------------|
| Medical Examination | \$310.00 |
| ECG | \$70.00 |
| Spirometry | \$85 for plain spirometry; \$95.00 if a bronchodilator is required |
| Audiometry | \$100 – \$120 |
| Eye Exam | \$180 – \$280 |
| Blood Test | \$85.00 at Labtests; other labs may differ |

Total cost is dependent on what is required. Please factor in the CAA Fee of \$120.75; medical costs are extra.

All costs are payable on the day to the provider concerned.

What you need to bring with you to Remuera Doctors

- 1 Passport or Driver Licence
- 2 Receipt following payment of application fee
- 3 All worn eye correction, including contact lenses. **A spare set of glasses will be required too.**
- 4 The names, dates started and dosages of any medications you are currently taking
- 5 Written documentation relating to any ongoing medical conditions, operations, procedures, etc.
- 6 Current or last medical certificate that was issued to you
- 7 Logbook (the application form will ask how many hours you have flown)

Please understand that this information is current at time of writing and that costs may differ than otherwise stated. These stated requirements are baseline only and that if further tests are required, there will be additional costs payable by the applicant.

If you have any questions, please phone our reception staff, they will be able to assist you with your application.

Remuera Doctors Ltd, Oct 2020